

食事パターンと肥満に関するエビデンステーブルに記載されている論文情報一覧

No.	著者	論文名	雑誌名	出版年	巻	号	ページ
1	Okubo H, Sasaki S, Murakami K, Kim MK, Takahashi Y, Hosoi Y, Itabashi M; Freshmen in Dietetic Courses Study II group.	Three major dietary patterns are all independently related to the risk of obesity among 3760 Japanese women aged 18–20 years.	International Journal of Obesity Impact Factor	2008	32	3	pp.541–549
2	Arisawa K, Uemura H, Yamaguchi M, Nakamoto M, Hiyoshi M, Sawachika F, Katsuura-Kamano S.	Associations of dietary patterns with metabolic syndrome and insulin resistance: a cross-sectional study in a Japanese population.	The Journal of Medical Investigation	2014	61	3–4	pp.333–344
3	Kanauchi M, Kanauchi K.	Development of a Mediterranean diet score adapted to Japan and its relation to obesity risk.	Food & Nutrition Research	2016	60	–	32172